

8 Hair Care Essentials

Neglecting your hair over summer is a no. Keep it healthy and silky by using 8 products. **Oils, conditioners and protective heat sprays** will not only protect your hair but leave it smelling fragrant and fruity!

Time taken: 5-45 mins (depending on product).

Photography and Beauty **Aaliyah Harris**

KATE MOSS



1&2 Honey

- Garnier has great honey based Shampoo's and Conditioner that help strengthen damaged hair or hair prone to breakage.

- Leave products in the hair for 25 mins before washing out.



3 Coconut Oil

- Toni and Guy's mix of coconut and almond oils have made a great travel size product you can carry anywhere.

- Apply to damp ends of your hair before blow drying and styling.



6 Aloe Vera

- This hydrating mist has coconut milk and aloe vera which will make your hair shine and feel smooth.

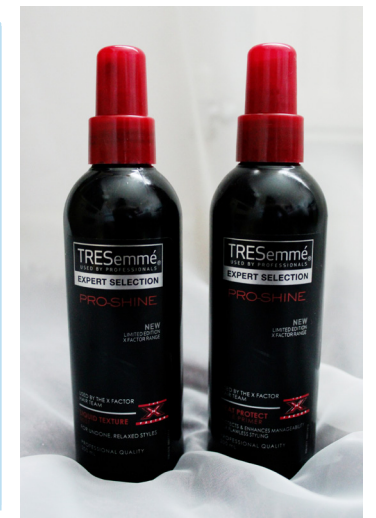
- A few sprays on wet hair or dry will do the trick.

4&5 Heat & Styling

- Although these products are limited edition finding a similar products is suggested.

- When using heat on your hair a few squirts of the protector will help keep your locks healthy and minimise damage.

- The mist gives your hair a fruitful smell and enables easy styling.

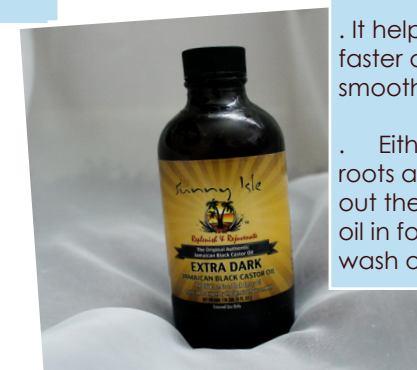


7 Castor Oil

- Jamaican Black castor oil (Extra Dark) is the best oil for using on your skin and hair.

- It helps your hair grow faster and thicker with a smooth and silk feel.

- Either apply to hair roots and where throughout the day or leave the oil in for 45 minutes and wash out.



8 Dry Shampoo

- Batiste has a great range of dry shampoo's. This one is in fragrance Tropical.

- Spray and the roots and fluff out. Use when you want to mask your hair in oils rather than wash. ♦

